

# MARIA LUISA DE MORENO INTERNATIONAL FOUNDATION

## *A Day for Older Adults*



**Support Day:** A Day for Older Adults

**Event Date:** Mar 8, 2025

**Event Location:** Hilldrop Community Centre Community Ln, Hilldrop Rd, London N7 0JE

**Venue Contact:** 020 7607 9453 - Elaine Maffrett

**Event Time:** 2:30 PM - 6:00 PM

### Activities

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Horny's Show               | <input type="checkbox"/> Dance performances                       | <input type="checkbox"/> Strengthening values        |
| <input type="checkbox"/> Healthy Habits workshop    | <input type="checkbox"/> Celebration of International Women's Day | <input type="checkbox"/> Sustainable Living Workshop |
| <input type="checkbox"/> Physical Exercise workshop | <input type="checkbox"/> Raffles and gift giving                  | <input type="checkbox"/> Snack break                 |

### About Us

#### Who We Are ▾

The María Luisa de Moreno International Foundation is a **non-profit organisation** that offers a **helping hand** worldwide to **those most in need**.

#### What We Do ▾

Through the design of **social intervention models** and based on a **culture of values and principles** to improve the living conditions of vulnerable communities, we seek the **transformation of the human being**.

#### Help Us to Help ▾

Help Us to Help is our Strategic Goal aimed at providing **humanitarian assistance with responsibility**, working with commitment and activating awareness in a way to **strengthen values within vulnerable communities**.

#### Support Days ▾

In London, **since 2012**, the Foundation carries out the Support Days 'Children's Day' and 'A Day for Older Adults'. In the latter, we carry out different activities and workshops to **strengthen the values of our older adults** and provide them with a **space for recreation**, looking to fill them with **joy and happiness**.

*Limited space, please register with Mrs. Elaine Maffrett*